### TIMOTHY P. BARRY

Licensed Clinical Social Worker, # 25449 timothpb@usc.edu

#### Education

UNIVERSITY OF SOUTHERN CALIFORNIA, School of Social Work Master of Social Work, May 2005

Los Angeles, CA

BOSTON UNIVERSITY, College of Communications Bachelor of Science in Public Relations, May 2002 Boston, MA

### Clinical Experience

#### THE PERMANENTE MEDICAL GROUP

East Bay, CA

Behavioral Health Manager II Kaiser Permanente East Bay Department of Adult Psychiatry (September 2015-Present)

- Responsible for the creation and implementation of three Behavioral Medicine pilots between Psychiatry and Medicine in Oakland, Pinole, and Richmond Medical Centers.
- Develop and implement a five clinician after-hours team that is responsible for the evaluation and treatment of patients with psychiatric crisis in Oakland and Richmond Emergency Departments.
- Provide vision and leadership to integrate the screening process for new patients across multiple sites

# THE PERMANENTE MEDICAL GROUP

Oakland, CA

Behavioral Health Manager I, Kaiser Permanente Oakland Department of Adult Psychiatry (June 2014-Present)

- Responsible for the management, operations, and oversight of the walk-in crisis service for Kaiser Oakland Department of Adult Psychiatry.
- Continually evaluate, assess, and build a cohesive Crisis Response Team that includes therapists from different programs within the Department. Successfully shifted the team to a more flexible and collaborative culture.
- Manage, support, and evaluate a group of 11 Psychologists, LCSWs, and MFTs in the Department
- Act as a point person for consultation on patients in crisis or patients that present safety issues
- Successfully established self as a leader by demonstrating reliability and building relationships across disciplines, teams, and departments to assist
- Assist with various management functions including service recovery, programmatic coverage, and support the evolution of our Department

## **UNIVERSITY CALIFORNIA SAN FRANCISCO**

San Francisco, CA

**Clinical Social Work Supervisor II,** San Francisco General Hospital, Division of Substance Abuse and Addiction Medicine (July 2012-June 2014)

- Lead, develop, and manage a diverse team of 18 Substance Abuse Counselors, Social Workers, and Marriage and Family Therapists in the Opiate Treatment Outpatient Clinic (OTOP) at SFGH as well as three Mobile Clinics in the Bayview, Sunnydale, and Mission neighborhoods in San Francisco.
- Provide individual and group clinical supervision weekly for Substance Abuse Counselors, Associate Social Workers, and Marriage and Family Therapist Interns to ensure the highest quality of care, assist in the clinical development of staff, and for administrative oversight.
- Consult, develop, and direct clinical interventions with complicated and complex cases.
- Assist counseling staff in developing clinically appropriate and Evidence-Based treatment interventions.
- Core member of the leadership team for the clinic and administrative oversight to the clinic as a whole.
- Addresses and resolves human resources issues including attendance, disability, discipline, payroll, leave and other performance-related matters, in collaboration with other Administrators and UCSF Human Resources.
- Identifies the needs of individual clients and assigns caseload to counselors in the Mobile Van Program, Women's Center, and OTOP Maintenance Program and establishes standards for efficiency for each counseling staff member in the delivery of services.
- Provides clinical and administrative insights as a member of a quality improvement team and interacts with primary, external, and internal customers of the agency ensuring increasing quality for customer experience.

MCLEAN HOSPITAL Belmont, MA Clinical Team Manager, Bipolar and Psychotic Disorders Department, (Sept 2010-June 2012)

- Serve as a lead clinician in a specialized residential treatment program for young adults (18-30) from across the country and abroad with psychotic, mood, personality, and co-occurring disorders.
- Assess, diagnose, develop, and evaluate treatment goals with residents from a recovery- and strength-based perspective.
- Assist residents in developing thorough crisis and discharge plans.
- Coordinate care and support for the families and caregivers of residents, including familyoriented interventions, psychoeducation, consultations, and connection with community resources.
- Provide leadership on the program's senior administrative team, including contributions to the development of program policies, support for non-clinical staff, and crisis assistance.
- Serve as the lead clinician on each resident's multi-disciplinary team to connect them with outside resources to enhance their care, including clinical studies and specialized treatment providers.
- Facilitate multiple weekly groups, including a men's and a family issues process groups.
- Serve on the rotating on-call team to offer clinical consultation and handle crises afterhours.

### **PSYCHOTHERAPIST**

Multiple Locations

(December 2010-May 2014)

Actively maintain a private therapy practice primarily for transitional age youth (17-25) with mental health and, substance abuse issues, as well as life transition and family challenges.

- Draw upon a variety of clinical perspectives and treatment interventions, including Dialectical Behavioral Therapy skills, Motivational Interviewing techniques, and more traditional family systems and psychodynamic approaches.
- Provide consultation to other clinicians and families on complicated clinical cases.
- Co-facilitate an Early Recovery Check-in group for adults with history of substance abuse issues.

# LA COUNTY DEPT OF MENTAL HEALTH

Los Angeles, CA

**Psychiatric Social Worker II,** Edelman Westside Mental Health Clinic (December 2007-May 2010)

- Served as the lead clinician for the Community Bridges program, a SAMHSA-funded multidisciplinary & multi-organizational partnership for chronically homeless adults with cooccurring disorders.
- Assessed, diagnosed, and developed treatment plans for all Community Bridges clients.
- Educated, consulted, and assisted non-clinical staff at CLARE Foundation and OPCC to enhance the quality of care for Community Bridges participants.
- Developed and nurtured partnerships with community organizations throughout Los Angeles.
- Provided leadership and vision in ongoing program development.
- Engaged and built long-term therapeutic relationships with homeless clients on the street as the mental health professional on a multi-disciplinary outreach team.
- Participated as an active member of the Edelman Dialectical Behavioral Therapy (DBT) team, which included providing weekly individual DBT therapy, co-facilitating a DBT skills group for 6 months, attending weekly DBT team consultation meetings, and creating a weekly DBT graduate group.
- Trained and mentored master's level social work students as a field instructor.

## **Teaching Experience**

UNIVERSITY OF SOUTHERN CALIFORNIA, School of Social Work Multiple Countries Part-Time Instructor, Virtual Academic Center (September 2011-Present)
SOWK 618 Systems of Recovery from Mental Illness in Adults
SOWK 615 Brief Therapy and Crisis Interventions

- Instruct graduate social work students from around the United States and abroad in the innovate Virtual Academic Center, the first fully accredited on-line Masters in Social Work Program in the country.
- Teach two Mental Health concentration electives focused on providing effective clinical care to people in crisis, to adults with severe and persistent mental health issues, and overview of Robert's Crisis Intervention Model, Cognitive Behavioral Therapy, and Solution Focused Therapy.
- Increase the students understanding of assessment, diagnosis, and effective ways to be a recovery-informed clinician by blending the course content with real life clinical examples from my work.
- Consistently receive highest marks on student evaluations on my ability to engage students in learning, bring clinical material to life, and increase students clinical skills.

### **WORKSHOPS & TRAININGS**

**United States** 

(Fall 2005-Present)

- Developed and facilitated a continuing education training webinar for the National Association of Professional Geriatric Care Managers on *Effective Ways to Prepare Our Clients for Change* (2012).
- Facilitated a continuing education seminar for members of the Beverly Hills Bar Association on the treatment and detection of substance abuse (2010).
- Served as a frequent Guest lecturer to graduate level students at the University of Southern California & California State University Long Beach Schools of Social Work on community mental health, group psychotherapy, and program planning as a clinician (2005-2010).
- Served as lead facilitator for several social work intern weekly trainings, including cooccurring disorders, mood disorders, Motivational Interviewing, and Dialectical Behavioral Therapy (2007-2010).