

## CURRICULUM VITAE

### DAVID L. BRINGHURST

#### SUMMARY OF QUALIFICATIONS

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Clinical Assistant Professor USC School of Social Work since 2013. 28 years of social services and teaching experience, 21 years as a military social worker in the United States Air Force, consistently promoted and trusted with increased levels of responsibility (retired rank of Lt Col). LCSW since 1998. Board Certified Diplomate in Clinical Social Work 1999 - 2013. PhD in social work from the University of Utah, 2005. Strengths: Inclusive, responsible, positive, learner, and future oriented.

#### EDUCATION

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2002 – 2005	University of Utah	Salt Lake City, Utah
	<i>PhD, Social Work</i>	
1990 - 1992	Brigham Young University	Provo, Utah
	<i>Master of Social Work</i>	
1983 - 1989	Brigham Young University	Provo, Utah
	<i>Bachelor of Science, Social Work</i>	

#### LICENSES

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1998 – Present *Licensed Clinical Social Worker*, Utah license 92-141646-3501

1999 – 2013 *Board Certified Diplomate* in Clinical Social Work. American Board of Examiners in Clinical Social Work, license 27978

1992 – 1998 *Certified Social Worker*, Utah license 92-141646-3502

#### PROFESSIONAL EXPERIENCE

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2013 - Present School of Social Work, University of Southern California, CA  
*Clinical Assistant Professor*

Teaching clinical practice and military sub-concentration of the Masters of Social Work degree in the Virtual Academic Center.

- SOWK 641 Clinical Practice with Service Members and Veterans
- SOWK 640 Clinical Practice with the Military Family
- SOWK 545 Social Work Practice with Families, Groups, and Complex Cases
- SOWK 543 Social Work Practice with Individuals

2013 Summer Utah Valley University Orem, UT

*Adjunct Professor*

Taught bachelors level introduction to social work course

- SW 1010 Introduction to Social Work and Social Welfare

2011 - 2013 Air National Guard Readiness Center, Joint Base Andrews, MD

*Chief, Behavioral Health Branch*

*Air National Guard (ANG) Director of Psychological Health Program*

*ANG Suicide Prevention Program Manager*

Provided behavioral health policy and operational oversight for the ANG Psychological Health Program (PHP). Taught in multiple venues regarding psychological health and suicide prevention initiatives across the ANG. Administered psychological health contracts to provide 97 National, Regional, and Wing Directors of Psychological Health to ANG installations worldwide. Served as the ANG Suicide Prevention Program Manager ensuring 89 installations across 54 states and territories implemented evidence-based suicide prevention practices. Served as a member of the ANG Integrated Delivery System and as the ANG Community Action Information Board Executive Director.

- Conducted PHP program effectiveness evaluation in partnership with Defense Center of Excellence for Psychological Health and Traumatic Brain Injury; statistically significant improvements in all areas (medical readiness, TRICARE expenditures, adverse actions)
- Successfully advocated to include ANG in the Air Force Community Assessment
- Taught psychological health initiatives at Commander's Development Course, Intermediate Development Course, and ANG Medical Services annual training; equipped over 400 national leaders to encourage help seeking behaviors and prevent suicide
- Co-authored 36 page Standard Operating Procedures for ANG PHP, trained 92 Directors of Psychological Health on implementation; improved and simplified service provision
- Led collaboration to develop a contract for Reserve Consortium PHPs; co-wrote statement of work to elicit national interest in multi-year/million dollar contract vehicle
- Streamlined training requirements; acquired CEUs for mental health professionals; saved \$50K in travel cost
- ANG advocate as co-author of Air Force Instruction on Suicide Prevention Program (SPP); ANG now implementing evidence-based best practice public health prevention
- Advocated for and established the ANG Community Action Information Board and the Integrated Delivery System; coordinated and expanded operational leadership and helping agency response to people and community issues
- Presented ANG Suicide Program at Annual DoD/VA Suicide Prevention Conference; increased attendee knowledge and skills on suicide prevention with ANG population

- Directed two national mental health provider training sessions; 310 attended; sharpened provider assessment of circadian sleep cycle on PTS; improved joint collaboration

2008 - 2011      HQ Air Force Personnel Center      Randolph AFB, TX

*Chief, Air Force Wounded Warrior (AFW2) Program*

Air Force spokesperson to DoD, federal, nonprofit, & private agencies for AFW2 issues. Taught regarding wounded warrior support and help-seeking to various populations in numerous settings. Directed non-medical care, case management, entitlements and benefits, quality of life, and support services to the most severely combat wounded, ill, and injured Airmen and their families.

- Handpicked by the Air Force Personnel Center Commander to brief the Secretary of the Air Force on the Wounded Warrior Program
- Ensured the provision of professional recovery, rehabilitation and reintegration support services to over 1,200 wounded warriors
- Built and developed the program from a staff of four to a multi-expert staff of 30
- Pivotal in the procurement and refurbishment of a building to create the “Warrior and Family Operations Center” near the Air Force Personnel Center, assuring space for the future growth of the program
- Presented a best practice hiring process to participants of the National Capitol Region Wounded Warrior Conference; lauded by Assistant Secretary of the Navy
- Awarded second Meritorious Service Medal

2006 - 2007      LDS Family Services      San Antonio, TX

*Part-time Practitioner (concurrent with AF employment)*

Provided individual and marital therapy one night a week

2005 - 2008      HQ Air Force Personnel Center      Randolph AFB, TX

*Chief, Air Force Family Research*

Taught and trained on a variety of issues (i.e. consultation, accountability, documentation, data gathering and reporting, Combat Stress) to worldwide staff of family readiness and support professionals. Developed and implemented research and information technology products for Air Force wide family support programs serving 82 active duty installations and 38 Reserve installations with over 1200 staff. Air Force representative to the DoD Lifestyle Assessment Program. Monitored and enhanced data collection through a web-based management information system.

- Implemented the unit level substance abuse survey and the DoD Health Related Behaviors survey in the Air Force
- Contributor to the implementation of the Air Force Community Assessment
- Developed and consolidated web-based requirements saving the Air Force over one and a half million dollars
- Created a return on investment data query system capable of extensive query options; system included 16 on-line training modules for Airman and Family

Readiness Staff; more than 7,200 training sessions conducted across the Air Force saving thousands of dollars

2001 - 2002      5th Medical Group      Minot AFB, ND

*Mental Health Flight Commander/Clinic Director*

Managed and supervised clinical and administrative activities for three outpatient clinics. Services included: domestic violence prevention and treatment, substance abuse prevention and treatment, and mental health services. Ensured clinical practice standards and procedures were implemented and maintained. Supervised 20 professional and paraprofessional staff in the provision of individual, marital, group, and family therapy. Supervised psycho-educational classes and training. Suicide Prevention Program Manager. Critical Incident Stress Management Team Chief.

- Launched Behavioral Health Optimization co-locating mental health providers in the Primary Care Clinic; offered on-the-spot consultative service to primary care providers; improved both the plan of care and patient outcomes
- Initiated Relationship Enhancement classes greatly mitigating the requirement for resource consuming marital therapy
- Led proactive response to the terrorist attacks of September 11, 2001 and received high accolades from the 5<sup>th</sup> Bomb Wing Commander for his initiatives
- Competitively selected for the Air Force Institute of Technology sponsored PhD
- Air Combat Command's Outstanding Field Grade Social Worker of the year 2001
- Awarded Meritorious Service Medal (a military award presented to members of the United States Armed Forces who distinguished themselves by outstanding meritorious achievement for service to the United States)

1998 - 2001      35th Medical Group      Misawa AB, Japan

*Mental Health Flight Commander/Clinic Director*

Supervised and managed the outpatient mental health, family maltreatment, and the Alcohol and Drug Abuse Prevention and Treatment Programs. Taught stress management and relaxation training classes. Provided psychotherapy for a variety of clientele. Supervised 18 paraprofessional and professional staff in the provision of individual, marital, group, and family therapy. Critical Incident Stress Management Team Chief.

- Instituted Misawa's first-ever Critical Incident Stress Management training program, trained 25 team members; team provided CISM services to multiple traumatic incidents including two F-16 crashes involving death of the pilot
- Trained 12 Tobacco Cessation facilitators on behavioral and psychosocial aspects of nicotine addiction; led to a 300% increase in course participation
- Awarded third Air Force Commendation Medal

1995 - 1998      92nd Medical Group      Fairchild AFB, WA

*Chief, Substance Abuse Program*

Managed outpatient substance abuse prevention and treatment programs. Supervised a staff of five mental health and substance abuse clinicians and paraprofessionals. Provided individual, group, and family therapy to clientele with substance abuse and mental health issues.

- During the combined Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and Health Services Inspections the Substance Abuse Control Program received an overall “Outstanding” rating and was distinguished for two “Potential Best Practice” awards (out of five for the whole hospital)
- Awarded second Air Force Commendation Medal

1992 - 1995      30th Medical Group      Vandenberg AFB, CA

*Chief, Social Work Services*

Served as the Family Advocacy Officer and the Exceptional Family Member Program Officer. Developed and implemented programs to prevent and treat domestic violence and family maltreatment. Hired and supervised a staff of four. Taught Anger Management, Parenting, and Maltreatment recognition courses. Provided individual, group, and family therapy.

- All programs were rated “Outstanding” during the 1994 military Health Services Inspection; 22 individual element criteria rated “Outstanding”
- Solely responsible for the implementation, hiring, and training of the first fully staffed Family Advocacy Program at Vandenberg AFB
- Awarded the Air Force Commendation Medal

1991      Wasatch Mental Health      Provo, UT

*Student Intern (MSW)*

Homeless Outreach Program and Adult Outpatient Mental Health

1991 - 1992      Wasatch Mental Health      Provo, UT

*Student Intern (MSW)*

Child and Youth Outpatient Mental Health

1990 -1991      Brigham Young University      Provo, UT

*Lab Instructor*

Undergraduate Clinical Interviewing Skills and Group Therapy Skills labs

## PUBLICATIONS

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2005 – Dissertation – *Predicting Psychotherapy Outcomes using Various Client and Treatment Variables*

2006 – *The Reliability and Validity of the Outcome Rating Scale: A Replication Study of a Brief Clinical Measure*, Journal of Brief Therapy, Vol 5, Num 1 (First author)

2012 – *Air National Guard Psychological Health Program Standard Operating Procedure* (Principal Editor and contributor)

2012 – *Reserve Component Suicide Postvention Plan: A Toolkit for Commanders* (ANG contributor)

2012 – *Air Force Suicide Prevention Program Instruction* (AFI-90-505) (ANG contributor)

## AWARDS AND HONORS

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2001 Air Combat Command Outstanding Field Grade Social Worker of the Year Award

2008 Certificate of Appreciation from the Chairman of the Combined Federal Campaign (CFC), for leadership and initiative in conducting a portion of the San Antonio Area CFC

2008 Designated a “Hero of TRICARE” by the Office of the Assistant Secretary of Defense for Health Affairs, for “outstanding support” in launching and managing the DoD Survey of Health Related Behaviors Among Active Duty Military Personnel

2009 Letter of Appreciation from the Director of the Defense Center of Excellence for Psychological Health and Traumatic Brain Injury, for “collaborative partnership” and “commitment” to the Real Warriors Campaign

2010 Certificate of Recognition from the DCS, Manpower and Personnel, for “invaluable Service” as Command Staff to US Air Force Warrior Games Team, at the inaugural DoD Warrior Games, Olympic Training Center, Colorado Springs, CO

2010 Letter of Appreciation from the Assistant Secretary of the Navy for sharing wounded warrior hiring best practices at the first National Capitol Region Wounded Warrior Hiring and Support Conference

2010 “Coined” by Naval Sea Systems Command Commander, for serving as a panel member at National Capitol Region Wounded Warrior Hiring and Support Conference

2010 HQ Air Force Personnel Center, Directorate of Personnel Services, Field Grade Officer of the Year

2011 Certificate of Recognition from the Chief of Staff of the Air Force, for “outstanding service” to the US Air Force Warrior Games Team, Olympic Training Center, Colorado Springs, CO

2011 Certificate of Appreciation from the Army Warrior Transition Command Commander, for “outstanding support” during the Wounded Warrior Federal Employment Conference, Ft Belvoir, VA

2011 Letter of Appreciation from the Commander of the Air Force Intelligence, Surveillance and Reconnaissance (AF ISR) Agency, for “tremendous contribution” to the Agency’s Squadron Commanders Course

AF Outstanding Unit Award (Twice)

AF Organizational Excellence Award

Military Outstanding Volunteer Service Medal

## TEACHING

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1992 – 2013 Taught regularly on suicide prevention, child and spouse abuse reporting and detection, stress management, anger management, and well-being

2006 – 2008 Instructor to Family Support Core Compliance Experts in Transition Assistance and Employment, at the National Veteran’s Training Institute; Subject: *Family Integrated Results and Statistical Tracking*

2006 – 2008 Airmen and Family Readiness Qualification Course Curriculum at Air University; Subject: *Individual Consultations and Family Integrated Results and Statistical Tracking*

2008 Airman and Family Readiness Training Summit; Subject: *Air Force Family Integrated Results and Statistical Tracking Updates and Usages*

2009 Train the Trainers for new Airman and Family Readiness Qualification Course; Subject: *Conducting Assessments/ data collection/ Family Integrated Results and Statistical Tracking*

2008 – 2011 Personnel Squadron Commanders Course; Subject: *Air Force Wounded Warrior Program*

2011 – 2012 Intermediate Development Course; Subject: *ANG Psychological Health Program and Suicide Prevention*

2011 – 2012 Commander Development Course; Subject: *ANG Psychological Health Program and Suicide Prevention*

2011 – 2012 Chiefs’ Executive Council; Subject: *ANG Psychological Health Program and Suicide Prevention*

## INVITED TALKS

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2009 Coalition for Iraq and Afghanistan Veterans Stakeholders; *Roundtable Panel Member*

2009 Security Forces Senior Leaders Training Conference; Subject: *Air Force Wounded Warrior Program*

2009 Quality of Life Foundation (Nonprofit); panel member representing United States Air Force Wounded Warrior Program. Subject: *Military Services Wounded Warrior Program Perspectives Regarding the Most Important Components of a Community Resource Coordinator Program*

2009 Uniformed Services Social Workers 24th annual conference, “When Veterans Come Home: Partnering for the Challenges of Individual, Family and Community

Reintegration”; Senior Enlisted leadership session panel member; Subject: *Air Force Wounded Warrior Program*

2010 National Capitol Region Wounded Warrior Hiring and Support Conference Panel member; Subject: *Air Force Wounded Warrior Program Hiring Initiative Best Practice*

2011 Wounded Warrior Federal Employment Conference, presentation and panel member; Subject: *Air Force Wounded Warrior Hiring Initiative Best Practice*

2015 National Association of Social Work (NASW) professional education course and presentation via webinar series: *Military Social Work: A Practical Primer*

#### CONFERENCE ACTIVITY/PARTICIPATION

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2006 Annual Flight Chief Conference; Subject: *Program Evaluation Family Integrated Results and Statistical Tracking Transition Assistance Program*

2007 11th Annual Smart Marriages Conference, Air Force Breakout Session; Subjects: *Airman & Family Readiness Operations Update, and Dealing with Combat Stress*

2007 113th Association of Military Surgeons of the United States/Uniformed Services Social Work Conference; Subject: *Becoming Outcome-informed in Clinical Practice: Practice-based Evidence is Evidence-based Practice*

2008 Airman and Family Services Major Command Merger; Subject: *Operations Update, Airman Family and Community Operations Branch Services Overview*

2008 Airman and Family Services Leadership Summit; Subject: *Air Force Family Integrated Results and Statistical Tracking as a Program Management and Evaluation Tool*

2009 Joint Interagency Strategic Working Group for the Transition Assistance Program, Office of Wounded Warrior Care and Transition Policy; Subject: *Air Force Wounded Warrior Program*

2009 Uniformed Services Social Workers 24th annual conference, theme “When Veterans Come Home: Partnering for the Challenges of Individual, Family and Community Reintegration” Subject: *Poster presentation on the Air Force Wounded Warrior Program*

2010 14th Annual Smart Marriages Conference, Air Force Training Day; Subject: *In Sickness and In Health: Supporting Wounded Warriors*

2010 Recovery Care Coordinator Training; Subject: *Air Force Wounded Warrior Program*

2010 Recovery Care Coordinator Training; Subject: *Air Force Wounded Warrior Program*

2012 Department of Defense and Veteran’s Affairs Suicide Prevention Conference; Subject: *ANG Suicide Prevention Program*

2012 Hosted Wing Directors of Psychological Health Annual Training Conference; Subject: *Establishing an Air National Guard Psychological Health Program (PHIP)*

2012 Readiness Frontiers (Air National Guard Medical Services annual training); State Air Surgeons; Nursing Association; Commanders, Group Superintendents, and High Tech;



ANG Wing Directors of Psychological Health (PHP); State/Wing Directors of Psychological Health; Multiple presentations: *National Guard Behavioral Health Initiatives; Question and Answer with ANG PHP Leadership; ANG PHP; and National Guard Bureau Joint Contract*

2014 Council on Social Work Education's Annual Program Meeting; Think Tank Chair; *From Boots to Books: Promoting the Success of Students Who Are Veterans*

#### RESEARCH EXPERIENCE

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2005 Dissertation – *Predicting Psychotherapy Outcomes using Various Client and Treatment Variables*

2006 *Reliability and Validity Study of the Outcome Rating Scale*

2005-2008 Service Liaison to the DoD Lifestyle Assessment Program: *Unit Level Substance Abuse Survey; 2008 DoD Survey of Health Related Behaviors Among Active Duty Military Personnel*

2011 – 2013 DoD Suicide Prevention Office, *Suicide Prevention and Resiliency Resources Inventory* (SPRRI; ANG data contributor)

2012 – *Initial Evaluation of Three National Guard Psychological Health Programs* (data contributor)

2005-2013 *Air Force Community Assessment* (Airman & Family Readiness HQ and ANG contributor)

2013 *Defense Center of Excellence Psychological Health Effectiveness Initiative* (pilot study); ANG component participant

2015 – *Trauma Informed Care – Lemonade for Life – Parenting Through Childhood Stress* (pilot study); Faculty advisor to MSW student Nicole Barnes as part of the Eastern Iowa Western Illinois Trauma Informed Care Consortium

#### BOARDS AND COMMITTEES

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Air National Guard Community Action Information Board (CAIB); *Executive Director*

Air National Guard mental health representative to the Air Force Integrated Delivery System (IDS)

DoD Psychological Health Council

DoD Reserve Components Suicide Prevention and Risk Reduction Council

#### PROFESSIONAL MEMBERSHIP/AFFILIATIONS

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National Association of Social Workers

Council on Social Work Education

American Board of Examiners in Clinical Social Work

American Military Surgeons of the United States (AMSUS)

Misawa Japan American Friendship Club

LANGUAGES

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*Cantonese Chinese:* speaking-conversational, reading-limited (previously 700 characters), writing-none

*Mandarin Chinese:* Studied two years; speaking-limited, reading-limited, writing-none

*Japanese:* speaking-studied one year, reading-studied one year, writing-studied one year; lived in Japan 1998-2001

COMMUNITY ACTIVITIES

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Multiple church leadership, teaching, and service activities; leader of men's organization, organizing visits and service to 100 plus families; angel tree coordinator; food drive volunteer; organized monthly visits for 132 families to check on temporal and spiritual well-being of congregation members

Boy Scouts of America volunteer: Scoutmaster, Merit Badge Counselor, Troop Committee Member, WEBELOS Den Leader

Participation in Polynesian clubs, dance groups, alumni associations; provide entertainment, dancing, singing and social support

Volunteer service in Hong Kong and Macao, China (1984 – 1986). Proselyting. Taught English, provided services to improve well-being, taught life improvement lessons; served in positions of progressive leadership responsibility over other volunteers

Volleyball player; volunteer coach for girls' youth volleyball team

Volunteer couch for youth basketball team

MILITARY EDUCATION AND TRAINING

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1992 Military Indoctrination for Medical Service Officers

1993 Family Advocacy Course

1996 National Interagency Counterdrug Institute Drug Prevention and Demand Reduction Course

1997 Squadron Officer School

2002 Air Command and Staff College

2006 Community Readiness Consultant Course – Airman and Family Readiness

2007 Command and Control of Air and Space Forces

2008 Air War College