

Christopher Emil Knoepke, PhD, MSW, LCSW

knoepke@usc.edu

EDUCATION AND TRAINING

2005	B.A. Psychology, Monmouth College
2007	M.S.W. Brown School of Social Work, Washington University in St. Louis
2015	Ph.D. Graduate School of Social Work, University of Denver
2016-present	Postdoctoral Fellowship in Shared Decision Making, Adult & Child Center for Outcomes Research & Delivery Science, School of Medicine, University of Colorado - Denver

Licensure and Certifications

2010-2015	Colorado Department of Regulatory Agencies, Licensed Social Worker (LSW)
2015-present	Colorado Department of Regulatory Agencies, Licensed Clinical Social Worker (LCSW) #9923640
2014-present	Employee Assistance Certification Commission, Certified Employee Assistance Professional (CEAP)
2013-2016	International Credentialing & Reciprocity Consortium, Colorado Certified Prevention Specialist II

ACADEMIC INTERESTS

My primary research interest is in improving patient-provider communication around technologically-complex, stigmatized, or otherwise difficult medical decisions – with the goal of improving the patient-centered quality of the decisions that are made. This includes a social-ecological conceptualization of patient education and psychometrically-sound methods assessing constructs relevant to improving patient-centered medical decisions.

With respect to teaching, my interests lie in the training of health care practitioners and the development of team-based innovations in care delivery, including topics related to organizational leadership, integrated health services, health behavior change, patient-provider communication, educational tools, application of policy, brief intervention, and ethics and professional standards.

ACADEMIC & CLINICAL POSITIONS

Academic

2017-present	Faculty Advisor: Doctor of Social Work Program, Suzanne Dworak-Peck School of Social Work, University of Southern California, Los Angeles, CA
2015-present	Postdoctoral Research Fellow, School of Medicine, University of Colorado, Denver, CO
2012-2017	Adjunct Professor, Graduate School of Social Work, University of Denver, Denver, CO
2010-2012	Graduate Research Assistant, Graduate School of Social Work, University of Denver, Denver, CO
2011-2012	Graduate Teaching Assistant, Graduate School of Social Work, University of Denver, Denver, CO

- 2007-2010 Behavioral Researcher III, Division of Psychosocial Medicine, National Jewish Health, Denver, CO
- 2006-2007 Research Assistant, Research Network Development Core, Center for Mental Health Services Research, Washington University in St. Louis, St. Louis, MO

Clinical

- 2010-2015 Workplace Programs Coordinator/Manager, Peer Assistance Services, Aurora, CO
- 2002-present Senior Instructor, Kidpower of Colorado, Colorado Springs, CO
- 2005-2007 Crisis Advocate, Children's Home & Aid Society of Illinois, East St. Louis, IL
- 2004-2005 Psychological Technician, ComCor Inc., Colorado Springs, CO

HONORS AND COMPETITIVE FELLOWSHIPS

- 2006-2007 Graham Taylor Scholar, George Warren Brown School of Social Work, Washington University in St. Louis
- 2010-2011 Graduate Studies Doctoral Fellowship, Office of the Provost, University of Denver
- 2012-2013 GSSW Dean's Pre-Dissertation Fellowship, Graduate School of Social Work, University of Denver
- 2012 Research Travel Award, GSSW Doctoral Program Research Committee, University of Denver
- 2013-2014 Enid O. Cox Pre-Doctoral Fellowship, Graduate School of Social Work, University of Denver
- 2014 Graduate Studies Dissertation Fellowship, Office of Graduate Studies, University of Denver
- 2014 Research Travel Award, GSSW Doctoral Program Research Committee, University of Denver
- 2014-2015 Excellence in Teaching Award – Adjunct Faculty, Graduate School of Social Work, University of Denver: Nominated by students and voted by faculty as the best teacher among more than 100 adjunct faculty
- 2016 Daetwiler Award for Distinguished Service to the Employee Assistance Profession, Colorado Chapter, Employee Assistance Professionals Association

BOARD & COMMITTEE SERVICE

Local

- 2012-2013 Member, Training Subcommittee, Colorado Prevention Certification Board
- 2010-2013 Co-chair, Membership Committee, Employee Assistance Professionals Association: Colorado Chapter
- 2013 Conference Co-chair, "*Successes & Opportunities for Social Work: Integrated Health Care in Colorado*", Western Colorado MSW Program, University of Denver
- 2013-2015 Board President, Employee Assistance Professionals Association: Colorado Chapter
- 2014 Conference Chair, "*Prescription Medication & Marijuana Misuse Among Working Adults*", Employee Assistance Professionals Association: Colorado Chapter

- 2015-2016 Board Member, Colorado Prevention Certification Board
- 2015-present Member, Colorado Health Evaluation Collaborative, Colorado Department of Health Care Policy & Financing

National/International

- 2015-present Member & Chair, Practice-Based Research Network Steering Committee, Employee Assistance Professionals Association International
- 2016-present At-Large Director, Board of Directors, Employee Assistance Professionals Association International

PROFESSIONAL SOCIETIES

- 2007-Present Member, National Association of Social Workers
- 2007-2008 Student Member, American Psychological Association
- 2008-2010 Student Member, Sleep Research Society
- 2010-Present Professional Member, Employee Assistance Professionals Association
- 2012-2014 Student Member, American Academy for Communication in Healthcare

JOURNAL REVIEW ACTIVITIES

Reviewer:

- 2012-present *JAMA Internal Medicine*
- 2015-Present *Journal of Workplace Behavioral Health*
- 2016-Present *Circulation: Cardiovascular Quality and Outcomes*
- 2016-Present *Journal of General Internal Medicine*
*Named "Superior Reviewer" for 2015-2016
- 2016-Present *Journal of Palliative Medicine*
- 2016-Present *American Heart Journal*

REPORT OF FUNDED AND UNFUNDED PROJECTS

Current / Ongoing:

- Development of Patient Decision Aids for Transcatheter Aortic Valve Replacement (Knoepke, C)
11/15/2016-11/15/2017 0.0 calendar
American College of Cardiology Foundation \$90,000 (Total)
Review of evidence and creation of usable patient decision aids for use with patients with severe aortic stenosis
Role: Principle investigator

Development of Patient Decision Aids for Anticoagulant Use with Left Atrial Appendage Closure (Matlock, D)

1/1/2017-1/1/2018

0.0 calendar

American College of Cardiology Foundation

\$96,000 (Total)

Review of evidence and creation of usable patient decision aids for use with patients considering left atrial appendage closure (e.g. WATCHMAN device) placement

Role: Co-investigator

A Multicenter Trial of a Shared DECision Support Intervention for Patients offered implantable Cardioverter-DEFibrillators: DECIDE - ICD Trial (1R01HL136403-01: Matlock, D)

04/01/2017 – 03/31/2022

6.0 calendar

NIH: National Heart, Lung, & Blood Institute

\$821,921 (Total)

The overall goal is to assess real-world effectiveness (Aim 1) and implementation (Aim 2) of patient decision aids for high-risk decisions using the implantable cardioverter-defibrillator (ICD) as a model. By simultaneously exploring effectiveness and implementation, this project will provide pragmatic information that will inform a growing national agenda to better involve patients in their health care via shared decision making.

Role: Co-investigator

A Patient Decision Aid to Augment Lethal Means Counseling for Suicidal Patients (R34: Betz, M)

07/01/2017 – 06/31/2019

3.6 calendar

NIH: National Institute for Mental Health

\$721,877 (Total)

Goals: To (1) develop and (2) conduct preliminary testing on an innovative, web-based, patient-centered lethal-means decision aid for firearm storage in homes of adults with suicide risk.

Role: Research Fellow

Using Novel Shared Decision Making to Help Frail & High-Risk Patients with Aortic Stenosis Make Goal-Concordant Decisions (Knoepke, C)

7/1/2017-6/31/2018

0 calendar

Palliative Care Research Collaborative

\$10,941 (Total)

Goals: To (1) describe the patient perspective on decision support needs while considering TAVR (2) develop a new decision support model for TAVR using innovative pedagogic methods..

Role: Principle Investigator

Past / Completed:

Northwest Colorado Social Work Development (Lamendola, W)

8/1/2012-8/1/2013

9.0 calendar

Caring for Colorado

\$35,000 (Total)

Addressing behavioral health workforce needs in Northwest Colorado through the creation of a Masters-level social work distance education program and integrated healthcare curriculum

Role: Co-investigator & Conference Chair

Development of an Ultra-Brief Marijuana Abuse Screening Tool Utilizing Data Collected from Adults in Primary Health Care Settings (Maguran, J)

1/1/2014-6/30/2015

0.0 calendar

School of Nursing, University of Alabama - Tuscaloosa

\$0 (Total)

Investigating an abbreviated CUDIT-R for use in primary care screening for marijuana misuse

Role: Research preceptor

TEACHING ACTIVITY

Faculty Advisor: Doctor of Social Work Program, Suzanne Dworak-Peck School of Social Work, University of Southern California

2017-present Capstone Advising

Adjunct Faculty: Graduate School of Social Work, University of Denver

2012 Social Work Practice

2012-2017 Mental Health & Drug Dependency Policy & Systems

2013-2017 Health Care Policy

2014-2016 Evidence for Practice

Lectures: Graduate School of Social Work, University of Denver

2012-2013 “Motivational Interviewing” in “Cognitive Behavioral Therapy” – Stacey Freedenthal, PhD, LCSW, Instructor

2016 “Motivational Interviewing” in “Social Work Intervention in Healthcare” – Michael Talamantes, LCSW, Instructor

Teaching Practica: Graduate School of Social Work, University of Denver

2011 Mental Health & Drug Dependency Policy & Systems - William Cloud, PhD, Preceptor

2012 Assessment of Mental Health in Adults – Stacey Freedenthal, PhD, LCSW, Preceptor

Other: Graduate School of Social Work, University of Denver

2013 Curriculum review: Social Work in Integrated Healthcare. Led national advisory committee in review of existing curricula to create “Health Care Policy” and “Advanced Social Work Practice in Healthcare” courses. Created new “Health & Wellness” concentration in MSW program

INVITED LOCAL & NATIONAL TALKS

2013, Sep “Prescription Drug Abuse Prevention: Lessons Learned from the National Governors Association Initiative”. Presented at the Annual Illinois Alcoholism & Drug Dependence Association Conference. Naperville, IL.

- 2013, Sep "Medical Marijuana and Prevention: What We Can Learn from Colorado's Experience." Presented at the Illinois Alcoholism & Drug Dependence Association Conference. Naperville, IL.
- 2014, May "Medical & Legal Marijuana: What We Can Learn from Colorado's Experience". Opening plenary presented at the Treatment Accountability for Safer Communities (TASC) 20th Annual National Conference on Drugs, Crime, & Society. Birmingham, AL.
- 2014, June "Marijuana is Legal: Now What?" Annual Colorado Providers Association Conference, Golden, CO.
- 2014, Sep "Public Health Implications of Marijuana Legalization." Presented at the Illinois Alcoholism & Drug Dependence Association Conference. Naperville, IL.
- 2014, Nov "EAP Practice with Legal Marijuana." Employee Assistance Professionals Association, Los Angeles Chapter. Los Angeles, CA
- 2015, Jan "A Joint Discussion of Marijuana Policy & Practice in Colorado." 41st Annual Addictive Disorders, Behavioral Health, & Mental Health Winter Symposium, Colorado Springs, CO.
- 2015, Mar "EAP Practice with Legal Marijuana." Employee Assistance Professionals Association, Toledo Chapter. Toledo, OH
- 2015, Apr "Sleep Deprivation: Plaguing the Nation's Workforce." 8th Annual Colorado Culture of Health Conference, Denver, CO
- 2015, June "Social Work Policy & Practice with Legal Marijuana." University of Denver Professional Development Summer Series. Denver, CO
- 2015, July "Social Work Policy & Practice with Legal Marijuana." University of Denver Western Colorado MSW Program. Glenwood Springs, CO
- 2015, July "EAP Policy & Practice with Legal Marijuana." Plenary presented at the Labor Assistance Professionals (LAP) National Conference. Las Vegas, NV.
- 2016, Feb "Sleep Deprivation at Work: A Hidden Problem in Need of Creative Solutions." American Heart Association Fit-Friendly Worksite Symposium. Denver, CO.
- 2017, Apr "Suicide Prevention in EAPs: Clinical and Political Considerations Surrounding Lethal Means Counselling." Employee Assistance Professionals Association – Colorado Half Day Symposium. Denver, CO

BIBLIOGRAPHY

Original Articles, Peer-Reviewed:

1. Finnegan-Fox, G., Matlock, D.D., Tate, C.E., **Knoepke, C.E.**, & Allen, L.A. (in press). Hospice, She Yelped: An Environmental Scan and Layperson Web Search Examining the Quantity and Quality of Decision Support Available to Patients and Families Considering Hospice. *Journal of Pain & Symptom Management*.
2. **Knoepke, C.E.**, Allen, A.A., Ranney, M.L., Wintemute, G.J., Matlock, D.D., & Betz, M.E. (in press). Loaded Questions: Internet Commenters' Opinions on Physician-Patient Firearm Safety Conversations. *Western Journal of Emergency Medicine*.

3. **Knoepke, C.E.** (in press). Differences in Response Groups for a Survey Using Multi-Modal Return: Implications for Social Work Research. *Social Work Research*.
4. **Knoepke, C.E.** & Matlock, D.D. (in press). Preliminary Development of an Informational Media Use Measure for Implanted Defibrillator Patients: Toward a Model of Social-Ecological Assessment of Patient Education & Support. *Health & Social Work*.
5. Chan, M.H., **Knoepke, C.E.**, Cole, M.L., McKinnon, J., & Matlock, D.D. (2017). Colorado Medical Students' Attitudes and Beliefs about Marijuana. *Journal of General Internal Medicine*. DOI: 10.1007/s11606-016-3957-y (Epub ahead of print)
6. **Knoepke, C.E.** & Johnson, R. (2016). Empowering Older Adults to Make Medical Decisions: Two Solutions and a Problem. *Journal of Gerontological Social Work*. doi: 10.1080/01634372.2016.1272521. (Epub ahead of print)
7. **Knoepke, C.E.** & Johnson-Koenke, R. (2016). Shockingly Uninvolved: Potential for Social Work Practice & Leadership in Implanted Defibrillator Care. *Health & Social Work*, 41(1), e38-43.
8. Kramer, D.B., Matlock, D.D., Buxton, A.E., Goldstein, N.E., Goodwin, C., Green, A., Kirkpatrick, J., **Knoepke, C.**, Lampert, R.L., Mueller, P.S., Reynolds, M.R., Spertus, J.A., Stevenson, L.W. & Mitchell, S.L. (2015). Implantable Cardioverter-Defibrillator Use in Older Adults: Proceedings of a Hartford Change AGENTS Symposium. *Circulation: Cardiovascular Quality & Outcomes*, 8(4), 437-446.
9. Aloia, M.S., **Knoepke, C.E.** & Lee-Chiong, T. (2010). The new LCD guidelines for adherence to CPAP: Testing the limits? *Chest*, 138(4), 875-879.
10. **Knoepke, C.E.** & Aloia, M.S. (2009). Proposed mechanisms of cognitive dysfunction in obstructive sleep apnea. *Primary Psychiatry*, 16(10), 51-56.
11. Aloia, M. S., **Knoepke, C. E.**, Goldschmied, J. R., Arnedt, J., Huang, E. J., Matwiyoff, G. N., & Lee-Chiong, T. (2009). Testing the CMS guidelines: What do they mean in terms of treatment outcomes? *Sleep* (Vol. 32, pp. A222). Westchester, IL: American Academy of Sleep Medicine.
12. **Knoepke, C. E.**, Goldschmied, J. R., Arnedt, J., Lee-Chiong, T., & Aloia, M. S. (2009). Testing the CMS guidelines: Do behavioral interventions increase likelihood of adherence? *Sleep* (Vol. 32, pp. A228). Westchester, IL: American Academy of Sleep Medicine.
13. Goldschmied, J., **Knoepke, C. E.**, Matwiyoff, G. N., Huang, E. J., Lee-Chiong, T., & Aloia, M. S. (2009). Testing the CMS guidelines: What do the non-adherers look like? *Sleep* (Vol. 32, pp. A224). Westchester, IL: American Academy of Sleep Medicine.

Reviewed Editorials:

1. **Knoepke, C. E.** (2017). Capsule Commentary on Mazer et. al., A Pilot Study of the Chronology of Present Illness: Restructuring the HPI to Improve Physician Cognition and Communication. *Journal of General Internal Medicine*, 32 (191). doi:10.1007/s11606-016-3937-2
2. **Knoepke, C.** & Plassmeyer, M. (2015). Regarding: Medical Marijuana: A Primer on Ethics, Evidence, and Politics. *Journal for Nurse Practitioners*, 11(2), a22-23.

Abstracts, Peer Reviewed:

1. Ingle, M.P., **Knoepke, C.E.**, Gama, K., Valle, J., Carroll, J, Allen, L.A., & Matlock, D.D. (2017, October). Characterizing Decision Support Needs for Aortic Valve Replacement Candidates. Poster presented at the Society for Medical Decision Making Annual Meeting, Pittsburgh, PA.
2. Henry, I.I. & **Knoepke, C.E.** (2017, April). Patient Decision Support in Implanted Defibrillator Care: A Human Rights-Based Assessment Model. Poster presented at the American Heart Association Quality of Care & Outcomes Research Scientific Sessions, Arlington, VA.

3. **Knoepke, C.E.** & Matlock, D.D. (2016, June). Use of Patient Informational Media and Treatment Knowledge Among Implanted Defibrillator Patients: Do Age, Race, and Education Have an Effect? Paper presented at the American Academy on Communication in Healthcare Research Forum, New Haven, CT.
4. **Knoepke, C.E.** & Matlock, D.D. (2016, June). Preliminary Development of an Informational Media Use Measure for Implanted Defibrillator Patients: Toward a Social-Ecological Model of Medical Information Acquisition. Poster presented at the American Academy on Communication in Healthcare Research Forum, New Haven, CT.
5. **Knoepke, C.E.** & Matlock, D.D. (2015, October). Age, Use of Patient Informational Media, and Treatment Knowledge Among Implanted Defibrillator Patients. Presented at the Annual University of Colorado Palliative Care Research Days, Denver, CO.
6. Plassmeyer, M. **Knoepke, C.**, & Hasche, L. (2015, October). Blazing a New Trail: Perspectives & Implications Concerning Marijuana Policy in Colorado. Panel presented at the Council on Social Work Education (CSWE) 61st Annual Program Meeting, Denver, CO.
7. **Knoepke, C.** (2015, October). Sleep Deprivation: Plaguing the Nation's Workforce. Presented at the Annual World Employee Assistance Professionals Association Conference, San Diego, CA.
8. Aaberg, M. & **Knoepke, C.** (2015, September). Knocking Down the Screening & Brief Intervention Barrier From Within. Presented at the Annual World Employee Assistance Professionals Association Conference, San Diego, CA.
9. **Knoepke, C.E.**, Sung, R., & Matlock, D.D. (2014, October). Patient Understanding of Treatment and Quality of Life in Implantable Defibrillator Care: A Report of Preliminary Data. Presented at the Annual University of Colorado Palliative Care Research Days, Denver, CO.
10. Swenson, C., Reimann, B., **Knoepke, C.**, & Fischer L. (2014, October). Developing Marijuana Guidance for Screening & Brief Intervention in Colorado. Poster presented at the 38th Annual Meeting of the Association for Medical Education & Research in Substance Abuse (AMERSA). San Francisco, CA.
11. Swenson, C., Hirsh, H., Liu, S., Hutson, D., **Knoepke, C.** & Fischer, L. (2014, September). Adolescent Screening & Brief Intervention for Marijuana Prevention in Colorado. Presented at the 11th Annual Conference of INEBRIA: International Network on Brief Interventions for Alcohol & Other Drugs. Warsaw, Poland.
12. **Knoepke, C.E.** & Mitchell, D.M. (2014, September). A Joint Discussion of the Impact of Legal Marijuana on EAPs in Colorado & Washington. Presented at the Annual World Employee Assistance Professionals Association Conference, Orlando, FL.
13. **Knoepke, C.E.** & Aronoff, K. (2014, April). Big Challenges, Small Companies: Lessons Learned Providing Services to Small Businesses. Presented at the 26th Employee Assistance Society of North America (EASNA) Institute, Ottawa, ON.
14. **Knoepke, C.E.**, Kozicki, C., & Richmond, M. (2013, October). Improving Clinical Accuracy With Screening and Brief Intervention (SBI) in EAP. Presented at the Annual World Employee Assistance Professionals Association Conference, Phoenix, AZ.
15. **Knoepke, C.E.**, Aronoff, K., & Carney, M. (2013, October). The Biggest Little Untapped Market: EAP Practice With Small Businesses. Presented at the Annual World Employee Assistance Professionals Association Conference, Phoenix, AZ.
16. **Knoepke, C.E.** & Matlock, D.D. (2012, October). Adjustment to Treatment Online: An Analysis of Contributions to a Message Board for Patients Treated With an Implanted Cardioverter Defibrillator (ICD). Abstract and poster presented at the 3rd Annual University of Colorado Palliative Care Research Days, Denver, CO

17. **Knoepke, C.E.** (2012, October). Online Support & Information: A Qualitative Analysis of Member Contributions to a Website for Patients Treated With an Implanted Cardioverter Defibrillator. Poster presented at the American Academy on Communication in Healthcare Research & Teaching Forum, Providence, RI.
18. Kozicki, C., **Knoepke, C.E.**, & Ellis, K. (2012, October). Leveraging Utilization: Service and Company Factors Associated with Employee Utilization. Presented at the Annual World Employee Assistance Professionals Association Conference, Baltimore, MD.
19. Goldschmied, J., **Knoepke, C.**, Arnedt, J.T. & Aloia, M. (2009, February). The Effects of Sleepiness in Obstructive Sleep Apnea. Abstract and poster presented at the 37th Annual Meeting of the International Neuropsychological Society, Atlanta, GA.

Other Publications:

1. Carney, M. & **Knoepke, C.** (2015). EAP Practice & Management Support for Small Businesses. *Journal of Employee Assistance*, 45(3), 22-3.
2. **Knoepke, C.E.** (2015, January). A Joint Discussion of Marijuana Policy & Practice in Colorado. Presented at the 41st Annual Addictive Disorders, Behavioral Health, & Mental Health Winter Symposium, Colorado Springs, CO.
3. Cagney, T., **Knoepke, C.E.**, & Mitchell, D.W. (2014). Marijuana in the Workplace: A Growing Issue for Employers. *Journal of Employee Assistance*, 44(3), 10-4.
4. **Knoepke, C.E.**, Aronoff, K., & Carney, M. (2014). An Untapped Market: How EAP Can Help Small Businesses. *Employee Assistance Report*, 17(6), p. 1-4.
5. Sylvester, D., McMillen, J.C. & **Knoepke, C.E.** (2007). Working with psychiatrists and psychotropic medications for children in the child welfare system: A guide for child welfare professionals, judges, lawyers, foster parents, and family members. Available at <http://gwbweb.wustl.edu/cmhsr/psychotropic/index.htm>

Book Chapter:

1. Goldschmied, J., Asherin, R., **Knoepke, C.E.**, & Aloia, M.S. (2009). Practitioner's guide to sleep disorders. In L. VandeCreek & J.B Allen (Eds.), *Innovations in Clinical Practice: A Sourcebook*. (pp. 41-60). Sarasota, Florida: Professional Resource Exchange, Inc.