

Kristen Zaleski, PhD, LCSW

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Education

The Sanville Institute for Clinical Social Work PhD in Social Work and Psychotherapy	2008 - 2013
Master of Social Work University of Southern California	2002-2004
BA Psychology and Sociology University of California Los Angeles	1999-2001
AA Degree Psychology Santa Barbara City College	1997-1999

Employment

University of Southern California (USC) Clinical Assistant Professor Teaching at the Orange County Academic Center in the health, mental health, and military concentrations as well as foundation courses for the Masters in Social Work program.	August 2012- present
The Rape Treatment Center - Psychotherapist Individual and group psychotherapist. Crisis intervention. Intake assessment. Educator on issues of sexual violence to the medical center, surrounding community, and staff. - Per Diem Crisis Counselor On-call forensic social work for victims of sexual violence within the emergency clinic. Crisis intervention, abuse reporting, facilitating referrals for ongoing psychotherapy and/or legal issues.	June 2004 – present
Long Beach VA/ Womens Mental Health Center Psychotherapist Individual and group psychotherapy for women veterans for issues related to military sexual trauma, combat trauma, and general psychotherapy. Research assistant on multiple studies. Supervision of psychology, MSW, and MFT trainees.	September 2009 – December 2012
Santa Monica UCLA Medical Center Clinical Social Worker - Interim Administrative Manager Provided management for the medical center social work staff. Duties included hiring 7 new staff members, developing the ER social work and the Oncology social work program; Creating and	July 2005- August 2009

facilitating the Social Action Task force for community agencies on issues of homelessness; Participated in weekly administrative meetings for the medical center; Provided supervision to medical social work staff; Provided quarterly evaluation reports as required by JCAHO and UCLA guidelines.

- Medical Social Worker

Crisis intervention, short term psychotherapy, psychosocial assessments, and abuse reporting for in-patients and emergency rooms patients at UCLA Medical Center Santa Monica.

Las Encinas Psychiatric Hospital

February 2003- July 2005

Psychiatric Social Worker

Provided psychosocial assessments, group therapy, crisis intervention, and intake assessment. Participated in weekly utilization review meetings.

Research Related Employment

VA Long Beach

September 2009 – Dec 2012

Womens Mental Health Center
Clinical Researcher

The RAND Corporation

April 2003- September 2004

Needle Exchange Program Evaluation Project
Adjunct Researcher

Health Research Association

November 2001- Nov. 2002

CIDUS 3: Drug Users Intervention Trials
HIV/HCV Research Counselor

Los Angeles County Epidemiology

February 2000- Nov. 2000

Young Men's Survey/ CDC collaboration
HIV Research Counselor

Publications, Scholarly Presentations, & Media

Peer Reviewed Research Articles

Zaleski, K & Katz, L. (2014). Alice in Wonderland: Exploring the Experiences of Female Service Members with a Pregnancy Resulting from Rape. *Journal of Social Work and Mental Health, Veterans Mental Health Special Edition* 12, 391-410.

Katz, L., Douglas, S., **Zaleski, K.**, & Williams, J. (Contemporary Psychology, October 2013). Randomized clinical trial comparing Holographic Reprocessing and Prolonged Exposure treatments to Present-centered control group to treat women veterans with sexual trauma.

Book Chapter

Zaleski, K. (manuscript in progress). Working with Adolescent Victims of Sexual Assault. In E. Schott & E. Weiss (Eds.) *Social Work Practice in Health, Mental Health, & Communities: A Meta-Framework for Micro, Mezzo, Macro, and Global Action*.

Book

Zaleski, K. (in press for publication in 2015). *Rape and Roll Call: Understanding and Treating Military Sexual Trauma*. Springer Publishers.

Scholarly Presentations

Zaleski, K. Introduction to Military Sexual Trauma (December 2014). Violence Prevention Coalition of Orange County.

Zaleski, K. The Role of Empathy in Social Work Masters Training: An exploratory mixed methods study on empathy and pedagogy (July 2014). National Association of Social Workers (NASW). National Conference, Washington D.C.

Zaleski, K. Pregnancy from Military Sexual Trauma. (March 2014). European Society of Trauma and Dissociation, Copenhagen, Denmark.

Zaleski, K. Beyond the Support Group: Psychoanalytic Group Treatment with Victims of Sexual Assault. (March 2014). European Society of Trauma and Dissociation, Copenhagen, Denmark.

Zaleski, K. Connecting with the Disconnected. (October 2013). Orange County Behavioral Health 3rd Annual Veterans Conference.

Zaleski, K. Pregnancy Resulting from Rape During Military Service Time: Implications for social workers in micro and macro practice. (April 2013). University of Southern California (USC) School of Social Work.

Zaleski, K. Pregnancy Resulting from Rape During Military Service Time: Implications for health practitioners. (March 2013). Southwest Social Science Association National Conference.

Zaleski, K. The Tissue Issue: A theoretical discussion on the intersubjective relationship of the tissue box in psychotherapy. (February 2012). The Sanville Institute Community Network Meeting.

Zaleski, K. Working with military survivors of sexual assault within the classroom. (November 2011). Presented to the UCLA Campus Roundtable Network.

Zaleski, K. Integrating attachment theory and neurobiology to help understand PTSD. (November 2011). Presented to the VA Social Work Department and trainees.

Zaleski, K. Understanding personality disorders: How to effectively manage personality disorders in the social work setting. (October 2011). Presented to students at USC for social work theory course. Wanda Jewell, instructor.

Zaleski, K. The importance of group attachment when treating sexual assault survivors. (January 2011). Presented to Smith College and Sanville Institute students and faculty.

Zaleski, K. Understanding MST and combat PTSD within an attachment and neurobiology lens. (September 2010). Presented to VA Long Beach psychology staff, psychiatry residents, psychology postdoc candidates, MFT trainees, and MSW students.

Zaleski, K. Working with adolescents in a rape crisis setting. (January 2008). Presented to Smith College and Sanville Institute students and faculty.

Media

Independent Voter Network, June 19, 2013, *Military Health Experts Say Military Culture Condones Sexual Trauma*. <http://ivn.us/2013/06/19/does-military-culture-create-sexual-predators/>

Independent Voter Network, June 7, 2013, *81 Percent of Sexual Assaults Against Men Go Unreported*. <http://ivn.us/2013/06/07/81-percent-of-military-sexual-assaults-against-men-go-unreported/>

Non-Profit Service

Hermosa Beach Community Garden 2013- present
 Treasurer
 Collaborating with City Council, City Manager, and resident volunteers in building and fundraising a community garden in Hermosa Beach, California.

University of Southern California 2013
 Center for Women and Men
 Speaker for the Take Back the Night Event- Sexual Trauma Awareness Campaign

Teaching Experience

University of Southern California 2012- present
 School of Social Work
 Teaching Masters level courses ranging with health, mental health, and military/trauma focus.

University of Phoenix 2006- 2007
 Adjunct Instructor for Marina Del Rey and Carson campuses.
 Taught courses that included introduction to psychology, organization psychology, and group psychology

Certificates

Certified Group Psychotherapist (CGP), Issued by the American Group Psychotherapy Association (August 2012).

Licensed Clinical Social Worker, LCS #24996 (October 2008)

California State Certified Rape Treatment Counselor (August 2004)

Professional Affiliations

American Group Psychotherapy Association (Member)

California Society for Clinical Social Work (Member)

National Association of Social Workers (Member)

Group Psychotherapy Association of Los Angeles (Member)