# **HELENE MORGAN**

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### PROFESSIONAL EXPERIENCE

**USC Graduate School of Social Work Adjunct Professor** 

**8/2010-Present** 

Children's Hospital Los Angeles, Los Angeles, CA

12/2008-Present
Clinical Social Worker for the first Pediatric Palliative Care Program at CHLA.

#### **Major Responsibilities**

- Provide psychosocial and end-of-life support for patients and their families as part of an interdisciplinary team.
- Collaborate with primary social workers to enhance support to patients, families, and communities, when a child has a life-threatening illness.
- Provide education to medical staff addressing palliative care and end of life issues
- Provide grief support to medical staff in the form of support groups.
- Participate in the development and growth of the Palliative Care Program.
- Created a Bereavement Protocol for parents and families following the death of a child.
- Provide bereavement support to families using phone calls, for eighteen months after the death of their child.

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Trinity KidsCare Hospice, Torrance, CA

Clinical Social Worker for a non-profit pediatric hospice serving all of Los Angeles
County, providing in-home, end of life care to children and their families.

## **Major Responsibilities**

- Provided grief and bereavement support to terminally ill children and their families who have chosen to remain at home with hospice services at the end of life.
- Documented and communicated patient and family psychosocial needs assessment to interdisciplinary team.
- Collaborated with interdisciplinary team in providing culturally appropriate grief support to children and their families.
- Co-facilitated in-service trainings to medical staffs of Los Angeles hospitals and medical practices, to educate them about palliative and hospice care for children.

Los Angeles Medical Home Coalition, Los Angeles, CA

3/2002-12/2003

Project Coordinator for a pilot project focused at improving the coordination of care for children with special health care needs and their families by establishing an integrated training program for pediatricians and their staff.

#### **Major Responsibilities**

- Recruited pediatric providers to participate in the project,
- Established and seated a multidisciplinary advisory board
- Created a community infrastructure to support and sustain the achievements of the coalition
- Hired and supervised two staff members
- Managed and supervised all project activities
- Developed and facilitated training sessions for pediatric providers and their staff
- Supported collaborative communication among the practitioners
- Managed a \$150,000 project budget

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UCLA Medical Center, Los Angeles, California 1983-1999 Clinical Social Worker supporting pediatric cardiology, cardiac surgery, and heart transplant patients.

#### **Major Responsibilities**

 Provided psychosocial support, crisis intervention, and bereavement counseling for families of pediatric cardiology, cardiac surgery, and heart transplant patients

- Documented and communicated patient and family psychosocial need assessments to interdisciplinary team
- Created and implemented workshops and lectures to educate multidisciplinary staff on grief and bereavement, cultural diversity, and psychosocial needs of pediatric patients and their families
- Facilitated support groups for parents of pediatric patients and for nursing staff
- Represented UCLA Medical Center as primary spokesperson, lead speaker, or panelist at professional conferences nationwide on topic of educating health care professionals about cultural diversity and grief
- Created and implemented bereavement protocol for Cardiothoracic Intensive Care Unit nursing following the death of neonatal, pediatric, and adult patient
- Developed training curriculum for teachers to provide crisis intervention and ongoing grief counseling for pre-school aged children through adult students
- Participated in crisis response team following the Los Angeles riots to provide crisis intervention for teachers in South Los Angeles
- Developed workshops for nurses and doctors to address specific issues relevant to grief and mourning in the hospital setting
- Co-created and co-facilitated Cultural Competency Workshops for Medical Center staff

#### Grossman Burn Center

1990-1992

**Co-facilitator** of support groups for severely burned adolescents and their parents.

# **Major Responsibilities**

- Selected and recruited adolescents who had been hospitalized at the Grossman Burn Center for severe burns to participate in 6-week support groups
- Co-facilitated support groups for adolescent burn survivors
- Co-facilitated support groups for the parents of adolescent burn survivors
- Wrote one chapter and edited manual for creating and implementing support groups for pediatric burn survivors

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**South Bay Free Clinic,** Gardena, California **Director**, Prenatal Clinic

1982-1983

## **Major Responsibilities**

- Coordinated prenatal clinic for low-income and adolescent mothers
- Provided psychosocial assessment and ongoing support for patients

# **SPECIALIZED EDUCATION**

Harvard Medical School Department of Continuing Education Boston, Massachusetts April 17-24, 2007 November 7-13, 2007

The Program in Palliative Care Education and Practice

# **EDUCATION**

University of California, Los Angeles (UCLA) **Master Degree in Social Welfare** 1980-1982

Arizona State University **Bachelor of Arts** (Cum Laude)
1978

**LANGUAGES** 

Proficiency in Spanish

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**VOLUNTEER EXPERIENCE** 

# Comfort Zone Camp, Torrance, CA

2011-2014

Healing Circle Leader for adolescents and young adults attending grief camp.

## **Major Responsibilities:**

- Facilitate grief support for teens and young adults during their camp weekend
- Create activities to promote adaptive coping and bereavement
- Mentor volunteers who participate in the group process

### Wilshire Boulevard Temple, Los Angeles, CA

2003-2005

Chair of the Bikkur Holim committee which trains and matches volunteers to members of the Reform Jewish congregation who are hospitalized, homebound, or need support during a critical time in their lives.

# **Major Responsibilities**

- Recruit volunteers from the congregation to visit the sick and offer telephone support to those in need of emotional support
- Co-facilitate orientation program for volunteers who are recruited quarterly
- Provide continuing educational sessions for volunteers
- Provide ongoing clinical supervision for volunteers
- Triage weekly volunteer assignments

#### **PUBLICATIONS**

Developing a Pediatric Palliative Care Service in a Large Urban Hospital: Challenges, Lessons, and Successes, Emily S. Edlynn, PhD, Sabrina Derrington, MD, Helene Morgan, MSW, Jennifer Murray, CPNP, Beatriz Ornelas, MA, and Giovanni Cucchiaro, MD, JOURNAL OF PALLIATIVE MEDICINE, Volume 16, Number 4, 2013

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A Self-Care Retreat for Pediatric Hematology Oncology Nurses, Diane Altounji, MSN, RN, CPHON, Helene Morgan, MSW, Monica Grover, RN, Sona Daldumyan, RN, CPON, Sona Daldumyan, RN, CPON, Journal of Pediatric Oncology Nursing, January/February 2013, Volume 30, Number 1, 18-23

Ongoing contributor to the *American Academy of Pediatrics Section* on *Hospice and Palliative Medicine Newsletter.* 

#### **PRESENTATIONS**

*Battling Burnout: Strategies for Promoting Wellness,* Helene Morgan, MSW, Kelly Callahan, MD, Grant Christman, MD, Lauren Maltby, PhD, Matthew Smith, MD, Thanh Huynh, MD, Pediatric Academic Societies Annual Conference, Baltimore, Md., 2016.

*Palliating More Than Our Patients: Acknowledging the Challenges of Caring for Sick Chidren,* Helene Morgan, MSW, Margaret Kuhnlein, LCSW, Ilanit Brook, MD, MSHS, Scott Maurer, MD. Poster presentation at the Social Work Hospice and Palliative Medicine conference, San Diego, CA, 2014.

Adolescents and Young Adults: Do We Consider Their Choices? Helene Morgan, MSW, Ilanit Brook, MD, MSHS, Aura Kuperberg, PhD, The Power of Palliative Care 8<sup>th</sup> Annual Regional Pediatric Palliative Care Conference, Long Beach, CA.

Inpatient Palliative Care Service: Addressing a Gap in Care with a Bereavement Protocol, Helene Morgan, MSW, Emily Edlynn, PhD, Poster Presentation, Children's Hospice International, Washington, DC, 2010.

End of Life Choices: Transitioning Children from Hospital Care to Home Hospice Care, Helene Morgan, MSW, Gay Waker, RN, Children and Grief 2<sup>nd</sup> Annual Conference, Anaheim, CA, 2006.

*When Someone is Dying: Helping the Children,* Betty Davies, RN, PhD, FAAN, Helene Morgan, MSW, National Hospice and Palliative Care Organization Conference, San Diego, CA, 2006.