

EDUCATION

Certified in EMDR	1/08
Southern California Psychoanalytic Institute <u>Certificate: Advanced Training in Psychodynamic Psychotherapy</u>	2000-2002
Received Diplomate Credential <i>Ranked top 5% in national exam</i>	2002
University of Southern California <u>MSW Degree (with Honors) - Phi Kappa Phi Honor Society</u> Major: Mental Health	1993-1996
Antioch University <u>B.A. in Liberal Arts</u> Major: Sociology/Psychology	1991-1992

PROFESSIONAL EXPERIENCE

PRIVATE PRACTICE, West Los Angeles, CA 5/99 - present

Psychotherapy and EMDR: Individual, couples, group and family therapy -- adults and adolescents. Supervision of pre-licensed and licensed clinicians. Facilitation of support/therapy groups for those who have lost loved ones to suicide. Volunteer clinician for The Soldiers Project, an agency that provides free mental health services to those who have served in Iraq and Afghanistan, and their families.

UNIVERSITY OF SOUTHERN CALIFORNIA, Los Angeles, CA 9-02 – present

Field Instructor for the School of Social Work's graduate students. *Recipient of Master Field Instructor Award*. In 2010, I also joined USC's Faculty as Academic Advisor and Field Liaison.

TheACY, Los Angeles, CA 2/10 – present

Clinical Director. Grief support program for children and adults. Provide clinical trainings, staff recruitment and supervision, development of clinical programs and protocol. Advisory Committee member.

RYOKAN COLLEGE, Los Angeles, CA 9/06 – present

Adjunct faculty professor. Teach/taught Abnormal Psychology, Aging & Clinical Techniques at the graduate level.

UCLA, School of Social Work 9/08 – 5/09

Field Instructor for MSW graduate students.

AEGIS MEDICAL SYSTEMS, Inglewood, CA 4/07 – 4/09

Regional Clinical Director. Responsible for conducting staff clinical trainings, group and individual supervision, crisis intervention, marketing, assessment of high risk (opiate dependent) patients, creating intern contracts with graduate programs and participation in recruitment of staff and graduate students. Developed group therapy programs for treatment of PTSD in substance abusing veterans.

MAPLE COUNSELING CENTER, Beverly Hills 2003 - 2005

Clinical supervision of interns/graduate students conducting individual, couples, group & family therapy.

DIDI HIRSCH COMMUNITY MENTAL HEALTH, Los Angeles, CA 2000 - 2006

Facilitated support groups for those who have lost loved ones to suicide. Served on Advisory Committee of Survivors After Suicide program and assisted with volunteer trainings.

UCLA – Legacy For Children 2003 - 2005

Clinical supervisor of MSW students implementing a three-year curriculum as part of a federal study designed to determine the effects of enhancing parents' self-esteem on child development. Methods include psychoeducation and psychotherapeutic efforts to address issues of attachment, intergenerational transmission of childhood trauma and abuse, child development and family systems.

UCLA -- NEUROPSYCHIATRIC INSTITUTE & HOSPITAL, Los Angeles, CA 7/99 - 6/00
Adult Partial Hospitalization Program, In-Patient Unit rotations

Clinical Social Worker Patient population consisted of adults with severe and chronic mental illnesses, including schizophrenia, bipolar disorders, eating disorders, affective and personality disorders. Individual, group and family therapy, case management, supervision of interns, psychosocial assessments and discharge planning. Weekend rotations also included conducting psychosocial assessments, individual and family therapy, and crisis intervention services on the geriatric, child, adolescent and adult in-patient units. Recipient of two awards for excellence.

OPTIMIST YOUTH HOMES, Highland Park, CA 6/96 - 7/99

Clinical Social Worker. Residential treatment setting. Client population: Severely Emotionally Disturbed ("SED") court-ordered adolescent males (ages 12-18). Individual, family and group therapy, as well as multi-family therapy groups; psychosocial assessments, crisis intervention, substance abuse treatment, conflict resolution, staff training/supervision, discharge planning, liaison with Probation Department and on-grounds Non-Public High School, participation in Individualized Educational Program meetings and advocacy for continuing IEP's or transition into public high schools. Created therapy groups for teenage batterers.

DIDI HIRSCH COMMUNITY MENTAL HEALTH CENTER, Culver City, CA 9/95 - 4/96

Social Work Intern Individual and group therapy (adult and geriatric), case management, crisis intervention and in-home geriatric services.

L.A. COUNTY DEPARTMENT OF MENTAL HEALTH, Los Angeles, CA 9/94- 4/95

Biscailuz Center, Sybil Brand Institute, Men's Central Jail

Social Work Intern: In-patient adult psychiatric unit. Population: sub-acute and severely and persistently mentally ill (dual diagnosed) inmates. Psychosocial assessments, individual and group therapy, substance abuse treatment and discharge planning.

SOJOURN, Santa Monica, CA

1991 - 1995

Intern/volunteer: Non-profit agency for battered women and their children. Facilitated support groups for victims of domestic violence (adults and adolescents); conducted outreach and education within the public school system and community; provided hotline and crisis intervention services, and participated in the development of a teen program for implementation into the school system.

CONSULTING/CONTRACT POSITIONS

6/00 – 5/02

USC STAFF & FACULTY COUNSELING CENTER: Provided individual and couples therapy to staff and faculty.

LINDEN CENTER, Los Angeles, CA: Individual, group and family therapy with adolescent girls in residential treatment. Staff training/supervision.

KAISER PERMANENTE, Los Angeles, CA: Intensive Out-Patient Program for adults. Assessment, crisis intervention, group [psychodynamic and cognitive behavioral] psychotherapy.

GAMBRO HEALTHCARE, Los Angeles, CA: Biopsychosocial evaluations of patients with End Stage Renal Disease; ongoing clinical, case management and crisis intervention services, patient education, advocacy for and coordination of community, insurance, transportation, financial and related services.

MOTION PICTURE & TELEVISION FUND, Los Angeles, CA: Crisis intervention and case management, including psychosocial and needs assessments, community referrals and advocacy.